Personal Relationship 1

The Bible has given us several very important revelations:

- 1. God created community
- 2. Satan destroyed community
- 3. Lord Jesus brings reconciliation between people (Eph 2:14)
- 4. God wants us to learn how to have better personal relationship (Matt 7:12, Lk 6:31)
- 5. Personal relationship depends not so much on technques and skills as in sincerity, love, affection and respect (1 Cor 13)

What affects personal relationship?

- 1. Self understanding
- 2. Understanding of others (How to cope with others, How to handle differences)
- 3. Positive or negative mentality
- 4. Forgiveness or hatred
- 5. Communication
- 6. Love
- 7. Self-centredness or self-sacrificing
- 8. Friendly or antagonistic attitude
- 9. Self-image and sense of security
- 10. Prejudice or objectiveness
- 11. Handling or conflict and pressure
- 12. Faithfulness
- 13. Personal relationship with God

Conditions in establising personal relationship

Self-acceptine / open-minded / interacting / taking initiative / faithful / mature / stable / strong sense of security / caring of self-hygiene / keeping secrets / self affirmative / respecting / humourous / lovely / being Christ-like / attractive / generous / cherishing relations / gentle / tolerant / not jealous / responsible / loyal / frank / listening / caring / expressive / sincere / encouraging / easy-going / good / single-minded / love / rapport / not seeking reward / self-denying / meek / communicating / amiable / courteous / kind / smiling / genuine / no nonsense / empathetic / trustworthy / loving and being loved / bearing one another in truth / obejctive

Actions and mentality that may destroy personal relationship

selfish / introvert / direct / not appreciating / no integrity / no truth / no response to others / unhealthy self-image / no respect / not caring / over-relying / task-oriented / authoritarian / not serious

Good communication skills

taking initiative; using body language; not to be loquacious; listening; understanding of feeling; bold to express; showing interest; summing up and affirming; postively encouraging; gifts; be considerate to other's weaknesses; empathetic; insisting in communication; communicating at suitable times and moods; careful in speech; respect; be generous; ; fooling around together; loving